

Gaddum



Volunteer Role Description

Volunteer Role Title: Carers Focus Group Volunteer (Salford)

Purpose: Carers Focus Group Volunteers are Carers in Salford who get involved and share their thoughts and experiences on Gaddum Carers Salford's service-offer*, as well as ideas for what Carer support they would like.

It's an exciting opportunity to help shape services to meet Salford Carers' needs and to make a real difference to the people and communities they are for.

*E.g. Carer's Assessments, 1-1 support, Publicity, Come For A Cuppa, Wellbeing Walks, Socials, Workshops, Courses, Cost of Living Crisis, Impact of Caring, Carers Week and more etc.

Commitment:

Carers Focus Groups are approximately 1.5 hours. Commitment is flexible, so Carers can attend as a one-off, or come regularly. Each Carers Focus Group is on a different topic and take place monthly.

Location:

Zoom meeting, or at a venue in Salford e.g. Gateways.

Volunteer activities:

- Attend a Carers Focus Group virtually or in person, get involved in discussions and share your thoughts, experiences and insights on Gaddum Carers Salford's services.
- Voice suggestions for improvements in current service-offer, processes etc.
- Contribute ideas for what Carer support you would like based on your lived experience as a Carer.

Skills, Experience, Qualities needed:

- Lived experience of being a Carer in Salford.
- Comfortable voicing your thoughts, experiences and ideas.
- Ability to listen to other people and communicate respectfully.
- Keep sensitive information discussed and others' personal details confidential.
- Enthusiasm for your community and desire to make a positive difference.

Whether you care for a partner, child, parent, sibling, other family member, neighbour or friend, care full-time, part-time, we'd love to hear from you. We'd like the Carer Focus Groups to be reflective of all the different types of Carers in Salford. And we're particularly keen to hear from carers from minority, marginalised and under-represented communities. Everyone is welcome, your voice is important!

Benefits:

- Meet new people, connect with other Carers, feel part of a community, and maybe make some friends!
- Make a positive difference by helping to shape services to meet Salford Carers' needs.
- Develop your skillset, gain experiences and references to add to your CV.
- Become a part of the Volunteer Community at Gaddum. We've previously gifted thank you goody bags, certificates and letters of appreciation during Volunteers' Week. We've had volunteer socials and thank you lunches. It's an exciting time to get involved!

Training, Support:

The group will be facilitated by a member of staff and follow up check-ins are available.

Supported by Staff-Member:

Jemma Houghton, Carers Involvement Worker.

Interested in attending?

Please email Jemma Houghton at jemma.houghton@gaddum.org.uk or call 0161 834 6069, extension 4009 with your **full name, telephone number, email address, post code & the volunteer role title** you are interested in (Carers Focus Group Volunteer – Salford). We look forward to hearing from you!