



## **Bereavement Resources**

Child Bereavement UK: <https://www.childbereavementuk.org/>

Cruse Bereavement Support: <https://www.cruse.org.uk/>

Hope Again: <https://www.hopeagain.org.uk/>

Winston's Wish: <https://www.winstonswish.org/>

Help 2 Make Sense: <https://help2makesense.org/>

At a Loss: <https://www.ataloss.org/>

Survivors of Bereavement by Suicide: <https://uksobs.org/>

The Good Grief Trust: <https://www.thegoodgrieftrust.org/>

Widowed and Young: <https://www.widowedandyoung.org.uk/>

## **Other Mental Health and Emotional Wellbeing Resources**

Childline: <https://www.childline.org.uk/>

Young Minds: <https://www.youngminds.org.uk/>

Anna Freud: <https://www.annafreud.org/on-my-mind/self-care/>

## **Greater Manchester Bereavement Support Directory**

<https://greater-manchester-bereavement-service.org.uk/>

NHS Bereavement Helpline: 0800 2600 400

Once Upon A Smile: <https://www.onceuponasmile.org.uk/>

Shining a Light on Suicide: <https://shiningalightonsuicide.org.uk/>

Papyrus: Prevention of Young Suicide: <https://www.papyrus-uk.org/>

## Local Mental Health and Emotional Wellbeing Services

Kooth: <https://www.kooth.com/>

42<sup>nd</sup> Street: <https://www.42ndstreet.org.uk/>

# Salford Family Hub



**Salford Family Hubs (Salford City Council: <https://www.salford.gov.uk/>)**

Salford Family Partnership Hubs are places in your local community offering services and support for families from different agencies in one building.

- **Central Family Hub @ Broughton**  
Phone: 0161 778 0601
  
- **North Family Hub @ Swinton**  
Phone: 0161 778 0495
  
- **South Family Hub @ Winton / Eccles**  
Phone: 0161 686 5260
  
- **West Family Hub @ Little Hulton**  
Phone: 0161 686 7235