

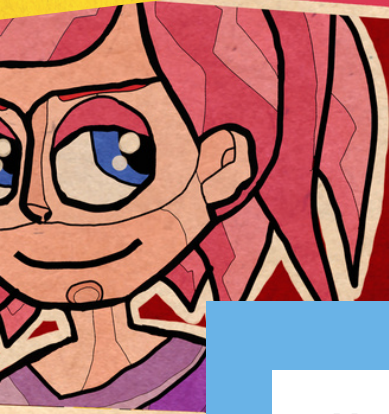
Gaddum ... Carers

Shine Young Carers Project
Supporting Young Carers
All you need to know...



Gaddum Shine Young Carers
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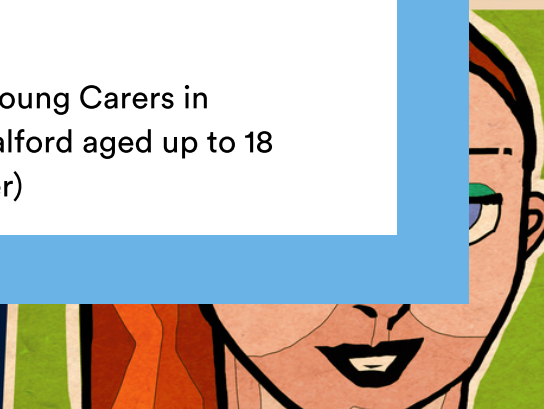


Young Carers...

Young Carers are those aged 5-16 who provide significant help and support to a member of their family or friend who relies on their support.

This can be due to illness, addiction or mental health issues. The support Young Carers give others is usually provided by an adult and at times can be stressful.

We support all Young Carers in Manchester & Salford aged up to 18 (16 in Manchester)



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Issues Young Carers face...

Bullying

Low self-esteem

Low attendance at school

Unable to see and go out with friends

Fatigue or lack of concentration

Not as much time to do things they love - due to extra work

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You may notice...

The young person may not be engaging at school, not focused or has difficulty attending activities.

They may be falling behind with their school/college work.

The young person does not seem to spend time with school friends or may be isolated.

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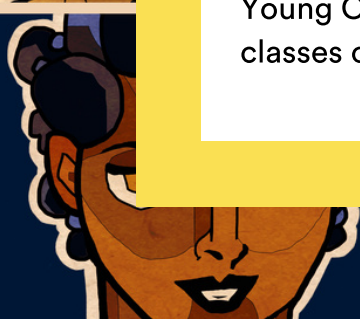
You may notice...

The young person may appear to have low self-esteem or there may be mental health concerns.

You may notice the young person is being bullied or hear reports of bullying.

Some Young Carers have little time for self care.

Young Carers are often late for school, classes or miss whole school days.



An illustration of four diverse young people standing in a school hallway. On the left is a boy with brown skin, green eyes, and a blue shirt with a white question mark. Next to him is a girl with blonde hair and purple eyes, looking surprised. To her right is a boy with dark skin, green eyes, and a blue shirt with red trim. On the far right is a girl with dark skin, orange hair, and a red shirt with a white question mark. They are standing in front of green school lockers.

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We offer...

Up to 12 sessions of tailored support with a worker based on individual identified needs.

Invitations to groups. These are fun and provide respite and socialisation for Young Carers.

Invitations to special events and trips.

Attendance at family meetings to advocate and support the young person.

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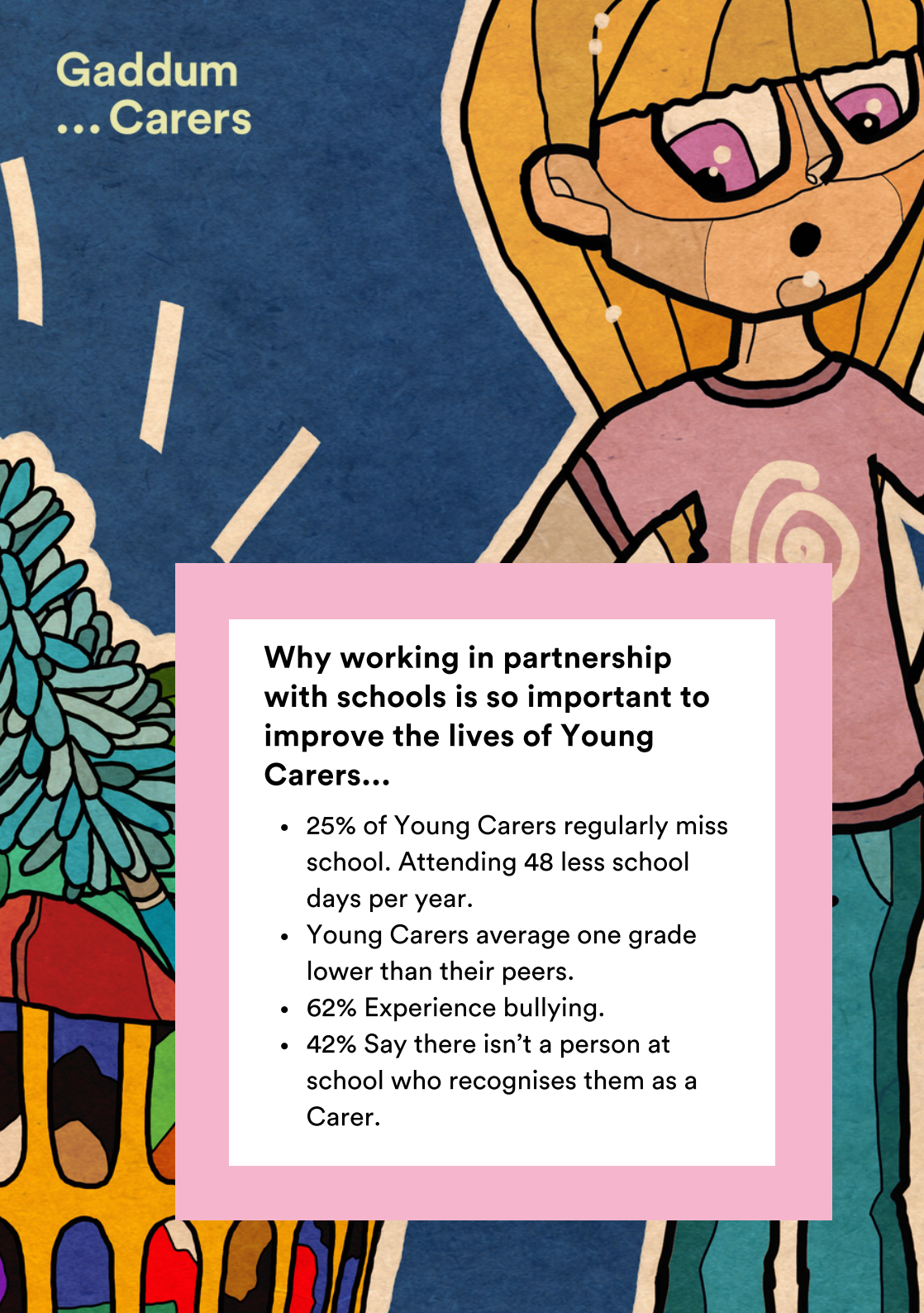
Free training for professionals...

Training to professionals on how to better identify/ support young carers as they grow up.

School assemblies raising awareness of young carers.

Our outreach and development workers are community based, engaging with people, organisations and seeking out new partnerships & opportunities for Young Carers.

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Why working in partnership with schools is so important to improve the lives of Young Carers...

- 25% of Young Carers regularly miss school. Attending 48 less school days per year.
- Young Carers average one grade lower than their peers.
- 62% Experience bullying.
- 42% Say there isn't a person at school who recognises them as a Carer.

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**If you feel you may be
working with a young person
who needs our support please
get in touch or make a
referral...**



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