

# Gaddum ... Carers

## Hi, I'm Gaddum.

## Let's talk about...

### Parent Carers

**Parent Carers are parents or guardians who care for children with disabilities, parents who care for an adult with learning difficulties or other additional needs. At Gaddum we offer Parent Carers various support according to their individual needs.**

We provide a 12-week programme specifically designed to look at your own needs as a carer and we can work with you to overcome any issues that are proving difficult. If you feel you are not being listened to, or need support, we can help. We provide one-to-one support, group support, training sessions and a regular Carers Newsletter so that you can be kept up to date with relevant information.

We support and build the confidence of carers to be independent, but we can also attend meetings such as Team Around the Family (TAF) Meetings, Educational Health Care Plan Review (EHCP) meetings and liaise with healthcare and educational professionals. Sometimes it's good to know that someone is on your side and will be there to support you.

#### **What support is there?**

Depending on your situation you may be able to get support from different services.

#### **Learning Disabilities Team**

A person with Learning Difficulty or Disability can be referred to Adult Social Care Services when they reach adulthood. An initial assessment will be completed, and then the appropriate team will get in touch. You can contact Adult Social Care by calling 0161 631 4777 or emailing [social.services@salford.gov.uk](mailto:social.services@salford.gov.uk)

#### **Salford Information Advice and Support Services (SIASS)**

They offer information, advice and support to parents or guardians of children, aged 0-16 years and young people aged 16 to 25 years about special educational needs and disability, including matters relating to health and social care. SIASS can be contacted by telephone on 0161 778 0343, by emailing [siass@salford.gov.uk](mailto:siass@salford.gov.uk) or visit Salford Council's website. [Click here](#) for service information and online referral form.

# Gaddum ... Carers

## **CAMHS**

Child and Adolescent Mental Health Service are a specialist NHS services. It is a services that works with children and young people with emotional, behavioural or mental health difficulties which includes an outpatient service of assessment and treatment of serious mental health difficulties for under-18s. Referral is made by your GP.

## **EHCP**

Education Health and Care Plans is a document that says what support a child or young person who has special educational needs should have. You can discuss EHCP with your child's educational setting or a professional working with your child.

## **The Bridge (children services)**

This service can direct you to the appropriate services and can help parent carers access a carers assessment, as well as an assessment for your child. The Bridge Partnership can be contacted by telephone on 0161 603 4500

## **Occupational Therapist (OT) service**

OTs can support if you have a child with disabilities or additional needs. They can often advise you and provide equipment for your child to help to improve your child's quality of life. You can contact them on 0161 707 0222 or [click here](#) for more information.

## **Working Families**

They support carers who balance work and caring as well and offer advice and downloadable guides on many things such as Adoption, Benefits, Universal Credit and Discrimination, carers rights and legislation. [Click here](#) to find out more.

## **The Early Support Programme**

They provide support for families with disabled children under five years of age. Referrals can be made online here. [Click here](#) to access it.

## **Home-Start Trafford, Salford, Wigan**

They provide support and friendship for families who have at least one child under the age of five and who maybe finding it hard to cope due to a wide of range of situations such as loneliness, mental ill health, disabilities, multiple children, and increasing poverty and debt, support is provided to help prevent crisis and family breakdown. They can be contacted by emailing [admin@hsts.org.uk](mailto:admin@hsts.org.uk). [Click here](#) to access their website.

For more information or support with other aspects of your caring role, please get in contact.